

Physical Activity Encouragement Programs in Maine

Maine in Motion
Governor's Council on Physical Activity
www.maineinmotion.org

March Into May
Healthy Portland
www.healthyportland.org/march-into-may.php

Move and Improve
Eastern Maine Health System
www.moveandimprove.org

Move More
MaineGeneral
www.movemore.org

WinterKids
www.winterkids.org

Healthy Maine Partnerships Initiatives

Get Fit and Win
Healthy Androscoggin
<http://www.healthyandroscoggin.org/physical-activity/get-fit-and-win-2/>

Mount Ararat Bicycle Club
ACCESS Health
<http://www.accesshealthme.org/>

Other Resources

Healthy Maine Walks
Healthy Maine Walks Coalition
www.healthymainewalks.org