

## Acknowledgments

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(207) 287-3488, or 1-800-438-5514 (TTY).

Take action in your community! This packet will get you started.

This Action Packet will help you promote community health through trail development and use of safe routes for walking and biking. You'll find guidelines for creating the partnerships needed to make your trail projects succeed.

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*Feel free to make photocopies of any pages you need to use.*