

# In a Heartbeat

A project of the

Maine Quality Forum

[www.mainequalityforum.gov/inaheartbeat.html](http://www.mainequalityforum.gov/inaheartbeat.html)

## Heart Attack Awareness Survey

1. For the table below, please check the one box under “Before Presentation” that best describes how much you knew about the topic before seeing the presentation, and then check the one box under “After Presentation” that best describes how much you know about the topic after seeing the presentation.

Key Topics	Before Presentation				After Presentation			
	Knew nothing	Knew very little	Knew some	Knew a lot	Know nothing	Know very little	Know some	Know a lot
a. Warning signs or symptoms people may experience when having a heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Physical conditions or personal behaviors that increase the risk of heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. The need to respond quickly at the first sign of a heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. The first thing to do if you think someone is having a heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. The best way to travel to the hospital if you think someone is having a heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Actions I can take to make it less likely that I will have a heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. How the warning signs of heart attack may differ in women	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. How heart attack symptoms differ from person to person	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. Please list any physical conditions or personal behaviors (sometimes called risk factors) that would make it more likely for somebody to have a heart attack. \_\_\_\_\_

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3. From what you may have heard or read, please list the warning signs or symptoms people may experience when having a heart attack. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4. If you thought someone was having a heart attack what is the **FIRST** thing you would do?  
Please choose one answer.

- Take them to the hospital
- Call their spouse or family member
- Tell them to call their doctor
- Do not know/not sure
- Call 911
- Do something else (please explain)

\_\_\_\_\_  
\_\_\_\_\_

5. Is there something that you plan to do, start doing, or stop doing because of what you have learned in this presentation?

\_\_\_\_\_  
\_\_\_\_\_

6. Would you say that in general your health is: (**Check one**)

<input type="checkbox"/> Excellent	<input type="checkbox"/> Very Good	<input type="checkbox"/> Good	<input type="checkbox"/> Fair	<input type="checkbox"/> Poor	<input type="checkbox"/> Don't Know
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7. Has a doctor, nurse or other health professional ever told **you** that you had a heart attack, also called a myocardial infarction, angina and/or coronary heart disease?

<input type="checkbox"/> Yes	<input type="checkbox"/> No
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8. Has a doctor, nurse or other health professional ever told **someone you spend time with**, such as a co-worker, close family member or friend, that he or she had a heart attack, also called a myocardial infarction, angina, and/or coronary heart disease?

<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know
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9. What is the highest grade or year of school you completed?

<input type="checkbox"/>	Never attended school or kindergarten only
<input type="checkbox"/>	Grades 1 through 8 (Elementary)
<input type="checkbox"/>	Grades 9 through 11 (Some high school)
<input type="checkbox"/>	Grade 12 or GED (High school graduate)
<input type="checkbox"/>	College 1 year to 3 years (Some college or technical school)
<input type="checkbox"/>	College 4 years or more (College graduate)

10. Please tell us your height: \_\_\_\_\_ feet, \_\_\_\_\_ inches

11. Please tell us your weight: \_\_\_\_\_ pounds

12. Please tell us your age: \_\_\_\_\_ years

13. Please tell us your gender:

<input type="checkbox"/> Female	<input type="checkbox"/> Male
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14. Do you have health insurance?

<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know
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**Thank you for helping to improve heart health in Maine!**