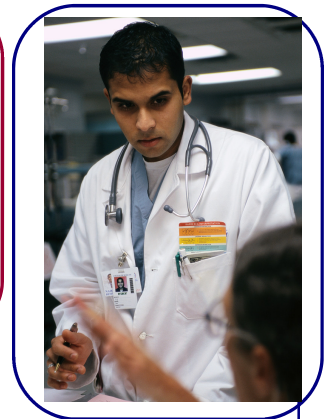


# Heart Attack Awareness Education Session

Do you know the symptoms of a heart attack?  
Do you know what to do?



**Join us for an important education session  
on heart attack and learn:**

- What a heart attack is, and why it happens
- Symptoms of a heart attack
- What to do if you think someone is having a heart attack
- Risk factors for heart attack and how to decrease your risk

**Date:**

**Time: 00:00**

**Location:**

**Your logo  
here**

*In a Heartbeat*

A project of the

*Maine Quality Forum*

[www.mainequalityforum.gov/inaheartbeat.html](http://www.mainequalityforum.gov/inaheartbeat.html)

**Contact person: 555 555 5555**