

Maine Laws and Regulations Related to Cardiovascular Health and Maine Cardiovascular Health Program Priorities

Topic: Physical Activity*

Subject	Description	Citation and Internet Access
Elementary physical education requirement	Establishes subject requirements of elementary course of study, including instruction in physical education.	Title 20-A, section 4711 http://www.mainelegislature.org/legis/statutes/20-A/title20-Asec4711.html
Secondary physical education requirement	Establishes subject requirements of secondary course of study, including two years of instruction in physical education.	Title 20, section 4721 http://www.mainelegislature.org/legis/statutes/20-A/title20-Asec4721.html
Programs for which municipalities may raise money	Allows municipalities to raise money for programs, including physical fitness programs in the schools.	Title 30-A, section 5724 http://www.mainelegislature.org/legis/statutes/30-A/title30-Asec5711.html
Rights of residents of state institutions	Establishes the rights of residents of state institutions including the opportunity for physical exercise.	Title 34-B, section 1430 http://janus.state.me.us/legis/statutes/34-b/title34-bsec1430.html

* List is not all-inclusive, however, every effort is made to provide information regarding the most substantial policies in the topic area. Please refer to language in actual statute or rule for citation purposes as language here may be altered due to space limitations.

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Rights of residents of state institutions with mental retardation or autism	Establishes the rights of residents of state institutions with mental retardation or autism including the opportunity for physical exercise.	Title 34-B, section 5605 http://janus.state.me.us/legis/statutes/34-b/title34-bsec5605.html
Rights of residents of correctional or detention facilities	Establishes the rights of residents of correctional or detention facilities including the opportunity for physical exercise.	Title 34-A, section 3031 http://janus.state.me.us/legis/statutes/34-a/title34-asec3031.html
Development of bikeways	Authorizes the Department of Transportation to construct bikeways.	Title 23, section 612 http://janus.state.me.us/legis/statutes/23/title23sec612.html
Development of the Wabanaki Trail	Directs the DECD, the DOT and the Univ. of ME System in conjunction with the Penobscot Nation to establish a task force to develop the Wabanaki Trail.	2005 Resolve, Chapter 42 http://janus.state.me.us/legis/ros/lom/LOM122nd/Res7-50/Res7-50-35.htm#P484_65344
Implementation of “Sports Done Right Program”	This program stems from the recommendations of the Interscholastic Athletics Task Force’s 2005 Report. The resolve encourages schools and community sports programs throughout Maine to work in collaboration with the Maine Center for Sport and Coaching to promote healthy, positive and safe sports experiences for youth. It sets out core principles and provides one-time funding.	2006 Resolve, Chapter 211 http://janus.state.me.us/legis/ros/lom/LOM122nd/Res201-217/Res201-217-10.htm#P163_29260

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Public School Standards	Establishes school approval standards, including that each school administrative unit provide adequate space for recreation and physical activity.	05-071, Chapter 125 http://www.maine.gov/sos/cec/rules/05/071/071c125.doc
Health and Physical Education Requirement	Establishes instructional requirements and high school diploma standards for public elementary and secondary schools. It requires one half credit in health education and one credit in physical education.	05-071, Chapter 127 http://www.maine.gov/sos/cec/rules/05/071/071c127.doc
To Increase Quality Physical Education for Elementary School Students	<p>Directs convening of group called PE4ME, which is charged with developing standards for PE in elementary schools and an implementation plan to achieve those standards by the 2010-2011 school year. It requires that the team report to the legislature and authorizes submission of legislation.</p> <p>Requires the Commissioner of Education to conduct an assessment of the physical education capacities of elementary schools in the State using a survey or sampling methodology and to report on that assessment to the Joint Standing Committee on Education and Cultural Affairs by February 1, 2010. Establishes the Obesity and Chronic Disease Fund. Allows the fund to receive public or private funds or income from other sources. The Commissioner of Education is not authorized, however, to make any expenditures from the fund prior to July 1, 2010.</p> <p>Authorizes the Joint Standing Committee on Education and Cultural Affairs to submit a bill to the Second Regular Session of the 124th Legislature pertaining to physical education in elementary schools Maine.</p>	<p>2007 Resolve, Chapter 102 http://janus.state.me.us/legis/ros/lom/lom123rd/resolve102.asp</p> <p>Amendment to Title 20-A, with addition of section 6631 should be posted here when updated: http://www.mainelegislature.org/legis/Statutes/20-A/title20-Ach223sec0.html</p>

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Fitness Programs for State Employees	Requires the Executive Director of the Office of Employee Health and Benefits within the Department of Administrative and Financial Services to report on the demonstration project to provide access to fitness programs for state employees. The amendment requires the report to provide information on the number of participating state employees, the number and location of participating fitness centers, the types of fitness services used and the number of visits to fitness centers by state employees and the financial impact on the group health plan. The report must be submitted no later than February 1, 2010. The amendment also authorizes the Joint Standing Committee on Insurance and Financial Services to submit legislation concerning the report to the Second Regular Session of the 124th Legislature.	2009 Resolve http://www.mainelegislature.org/legis/bills/bills_124th/billdocs/H/P068902.rtf

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