

2011 Active Communities Conference

Walking, Biking, Physical Activity and the Built Environment

June 21, 2011 • Bowdoin College Campus, Downtown Brunswick

AGENDA

7:30 Registration, Exhibits and Continental Breakfast

8:00 Welcome and Presentation

“Active Community Environment’s Importance to the Health of Maine’s People,” David Crawford, Maine Physical Activity, Nutrition and Healthy Weight Program, Maine CDC

8:45 Break

9:00 Keynote Speaker

“Building Sticky Communities for Economic, Environmental and Public Health,” Mark Fenton, a renowned national expert

10:30 Break

10:45 Breakout Session I

Workshops and Outdoor Seminars



11:45 Lunch and Presentation

“The Processes to Improve Your Community,”
Dan Stewart, Quality Community Program, MaineDOT

1:30 Breakout Session II

Workshops and Outdoor Seminars



2:30 Break

2:45 Breakout Session III

Workshops and Outdoor Seminars



3:45 Break

4:00 Closing Session

“Using the Three P’s to Change your Communities: Programs, Projects and Policies,” Mark Fenton
Facilitated roundtable discussion on bringing positive change back home.

5:00 - 9:00 Annual Bicycle Coalition of Maine Pizza Party at Flatbread Co., 72 Commercial St., Portland, ME

KEYNOTE SPEAKER

Mark Fenton is one of the nation’s foremost experts and a recognized authority on public health issues and the need for community, environmental and public-policy initiatives to encourage more walking and bicycling. He is the former editor-at-large of *WALKING* magazine and former host of the PBS series *America’s Walking*.

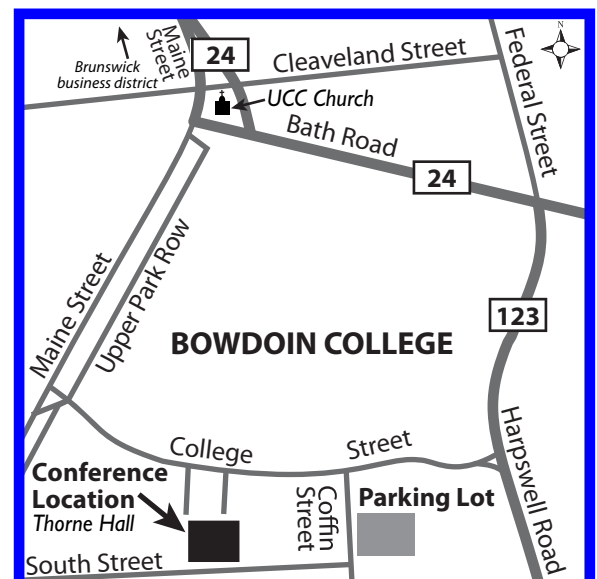
WHO SHOULD ATTEND?

- Public Health, Transportation, Safety, Planning, Economic Development and Public Works Professionals, Citizens, Municipal Officials and others interested in learning more!

WHAT WILL I LEARN?

- What “active community environments” can look like in Maine
- The planning and funding processes for creating active communities
- The economic benefits of active communities
- Common “Keys to Success” for communities that have made improvements to their built environments

This event is free. Lunch is provided.



Register by June 17th at

www.healthymainepartnerships.org/panp/training.aspx

If you have questions call 207-624-3252.

2011 Active Communities Conference

Linking Transportation, Economic Development, Health and People
to Improve the Quality of Maine Communities

Driving Directions to the Campus: Thorne Hall/Coles Tower, 4 College Street, Brunswick, ME

From the South: From I-295, take Exit 28 for Route 1 (North/Pleasant Street). Proceed to the third traffic light. Go straight ("To 201/123/24/Maine Street"). Continue straight for approximately 1/2 mile to the second traffic light. Turn right onto Maine Street. The Bowdoin campus begins at the intersection of Maine Street and Bath Road, near a large UCC Church.

From the North: Take I-295 to Exit 31A (Rte. 196) to Route 201/24 and turn right. Proceed over bridge onto Maine Street in Brunswick. Continue on Maine Street. The Bowdoin campus begins at the intersection of Maine Street and Bath Road, near a large UCC Church.

Parking on Campus: From Maine Street, take a left onto South Street and an immediate left onto Upper Park Row, or follow South Street to Coffin Street for a large parking lot. Parking is available in any "blue" lot, except the Admissions Lot.

Alternative Transportation:

Carpool: Remember to carpool – Go to www.gomaine.org to find a ride!

Bicycling: Bike commuting options are available by parking at one of the local Park and Ride lots located in Topsham (approx. 3 miles to campus), Bath (approx. 8.5 miles to campus), or Freeport (north lot approx. 12 miles to campus). Visit <http://www.exploremaine.org/parkandride/index.htm> for directions to Park and Ride lots. Bike racks are available at Thorne Hall/Coles Tower.

Please note:

The conference agenda requires walking between buildings.
Please bring appropriate attire in the event of rain.



Healthy Active Communities = Healthy Economies