

**PLEASE SHIP TO:**

Name: _____

Organization: _____

Street Address (No P.O. Boxes): _____

City/Town/Zip Code: _____

Telephone: _____

E-mail: _____

HEALTHY WEIGHT AWARENESS CAMPAIGN MATERIALS**You MUST complete this section for us to process your order for the below materials.**

The materials below are funded by the USDA. **Please indicate how you will use these materials with the priority population** of Maine people who are participating or eligible to participate in the USDA Food Supplement Program. Schools must meet 50% eligibility for free/reduced lunch (indicate below). Health care providers must use with Maine Care only or must have 50% or greater clients on Maine Care (indicate below). You cannot receive these materials for use at community health fairs.

POSTERS

ITEM #:		QTY:	ITEM #:		QTY:
7001	These are athletic shoes (Boots)		7010	A winter workout (Sledding)	
7002	These are athletic shoes (Sneakers)		7011	Are your portions in proportion?	
7009	This is an exercise machine (Stairs)		7012	Looking for a place to walk?	

OTHER PRINTED MATERIALS:

ITEM #:		QTY:	ITEM #:		QTY:
4000	Start Your Day with Breakfast Tip Sheet		4003	Making the Most of Your Food Dollar Tip Sheet	
4001	Aim for 3-A-Day of Milk & Dairy Foods Tip Sheet		4004	What is a Whole Grain? Tip Sheet	
4002	Eat More Fruits & Vegetables Tip Sheet		4005	Be Active! Tip Sheet	
5002	Simple Steps to Better Health and They're Free Brochure		5018	Add One to Every Meal! F&V Brochure & Magnet	
5010	Make Time for Family Fun Brochure		5020	Are your portions in proportion? Brochure & Magnet	
5012	Walk For Life Brochure		5021	Portion Sizes Tip Sheet	
5022	Pack a Healthy Picnic Brochure		7014	Play! Physical Activity Magnet	

PLEASE RETURN ORDER FORM TO**Tina White**Physical Activity, Nutrition & Healthy Weight Program
286 Water Street, 4th Floor, Augusta, ME 04330**Fax:** 287-4631**Phone:** 287-5388**E-mail:** tina.m.white@maine.gov