



Stroke affects the brain. It's the third leading cause of death and a leading cause of disability. Get medical help quickly - there are lifesaving treatments that can help stop a stroke.

Know the Warning Signs of Stroke

Any **one** of the warning signs is a reason to call 9-1-1. The faster you call for help, the better chances for a full recovery.

Sudden...

- **Numbness in the face, arm or leg**
- **Slurred speech**
- **Blurred vision**
- **Dizziness or loss of balance**
- **Severe headache**

**At the first sign of stroke,
call 9-1-1 immediately!**
Time lost is brain lost!



Maine Cardiovascular Health Program
Bureau of Health, Maine Department of Health and Human Services

**American Stroke
Association®**

A Division of American
Heart Association 

www.healthymainepartnerships.org/mcvhp2.html